

## River Rescue Techniques Description

### Description

This course is designed for individuals with whitewater paddling experience interested in learning how to manage river rescue situations. Topics include preparation for and prevention of rescue situations, selection, use and care of safety and rescue equipment, self and group rescue skills and rescue of pinned watercraft.

### Prerequisites/Corequisites

Kayaking I, Whitewater Canoeing I or Rafting I (or equivalent experience) are prerequisites or corequisites to this course.

### Objectives

*The Outdoor Pursuits Program emphasizes safe and responsible participation in outdoor activities. Upon completion of the course the student should be able to:*

1. Demonstrate an understanding of the importance of mental and physical preparation and good judgment in preventing and executing river rescue situations.
2. Demonstrate an understanding of the care and use of safety and rescue equipment.
3. Execute in-water self-rescue skills including river crossings, simulated strainer swims and management of overturned small craft.
4. Perform various rope rescues including throwing rescues, use of belays and tag line rescues.
5. Perform boat-based rescues.
6. Demonstrate an understanding of the methods used to retrieve pinned boats.

### Evaluative Criteria

Students enrolled for credit will be graded in the following areas. Specific information will be provided by the instructor.

Attendance _____	35%	Gear and Clothing Preparation _____	10%
Worksheet _____	20%	Skill & Skill Improvement _____	35%

To be considered for a passing grade, a student must:

1. Miss no more than one class or lab session.
2. Attend the entire outing.
3. Attain a score of 80% or higher on the evaluative criteria.

### Additional Information

Swiftwater Rescue Field Guide by Slim Ray is the required course text.

### Please Complete

*Instructor:* Sahale Flanagan

*Phone:*

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*Office Location:* TBA

*Office Hours:* TBA