

## Short Descriptions of the Big Six Factors

Dimension	High end	Low end
Conscientiousness	Socially prescribed impulse control and orientation toward order, organization, and task and goal achievement.	Impulsivity, an orientation toward spontaneity that may increase disorganization and impede task and goal achievement.
Honesty/Propriety	Refraining from deceitful, improper behavior, and 'using' others	Less inhibition of opportunities to take advantage of others, engage in Potential for predatory aggression.
Agreeableness	Patience, trust, tolerance, and prosociality.	Hostility and bad temper. Negative emotions of an externalizing sort.
Resiliency (emotional stability vs. neuroticism)	Calmness, being less affected by stressors	Proneness to the internalizing negative emotions: anxiety, fears, worries, sadness, phobias, etc.
Extraversion	Energy, dominance, sociability, expressiveness, positive- affect-proneness	Reserved; less active in pursuit of potential rewards.
Originality/Intellect	A complex, deep mental life. Creative, with more individually defined interests.	More conventional interests and tastes.

Note: descriptions of some factors draw partially on – and so owe a debt of acknowledgement to -- descriptions of the Big Five found in:

Benet-Martínez, V. & John, O.P. (1998). Los Cinco Grandes across cultures and ethnic groups: Multitrait method analyses of the Big Five in Spanish and English. *Journal of Personality and Social Psychology*, 75, 729-750.